



# Journey with the Apus (Mountain Spirits)

*A Transformational Journey through Ancient Sites and  
Majestic Mountains in the Heart of the Peruvian Andes*

## REGISTRATION FORM:

I am deeply honored to lead you in this life-changing journey to the mountains of Peru. You have answered the call of the mountain spirits, and I am so excited for you! Please fill in the following information, then review and sign the Terms & Conditions, and finally read and sign the release of liability form. Please keep a copy for yourself, and mail the forms with payment to:

Life Journeys, LLC  
3714 Wind Cliff Ln  
Joplin, MO 64804

As soon as you say yes to this journey, the mountain spirits begin working on your behalf to prepare you for the expansive and healing experiences ahead. I will be your human guide all along the way!

## Journey with the Apus (Mountain Spirits) – Registration Form

April 2026 | Peru

Please complete this form and return it by mail with a copy of your passport and a check made out to Life Journeys. This information helps us support your journey and ensure all logistics are prepared. Your passport information is required to purchase tickets to Machu Picchu.

Name on Passport: \_\_\_\_\_ Preferred name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Passport Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Country of Issue: \_\_\_\_\_

Do you have any significant health concerns we should be aware of?

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Would you like to schedule a phone call to ask questions about the retreat?  Yes  No

Are you a mesa-carrier?  Yes  No

Have you traveled to Peru before?  Yes  No

Do you have a preferred roommate (if so, who)? \_\_\_\_\_

I am enclosing a check in the amount of:

- \$4200, the total land costs of the trip
- \$3950, early bird pricing (or other specified discount)
- \$1000, non-refundable deposit (with balance to be paid before January 5, 2026)
- An additional \$750 for single supplement (private room)

### **TERMS AND CONDITIONS for Journey with the Apus, 2026**

- \$1000 non-refundable deposit holds your place for this trip and is due no later than October 5, 2025.
- Between October 5, 2025 and January 5, 2026, a minimum payment of \$2100 is required to register and subject to refund policies below. After January 5, 2026, the full payment is required to register and subject to refund policies below.
- The total cost of this trip is \$4200 and must be paid in full by January 5, 2026. **This is based on double occupancy.** A single supplement is available for an additional \$750.
- Any monies paid are fully refundable for 48 hours after registration, and then subject to the refund policies stated below. After 48 hours the first \$1000 paid is a non-refundable deposit.
- Any payments made digitally or by credit card will incur a 3.5% processing fee.
- Any paid participant who brings a friend along will receive a credit/refund of \$250 after their friend pays registration fees, or on January 5, 2026, whichever is later. A discount of \$250 on this trip is available for those registering for both the Journey with the Apus and the Ayahuasca Retreat 2026. The maximum available discount on this trip is limited to \$250 per person. (There is an additional \$500 discount on the Journey Within available when registering for both trips.)
- Registration fees minus the \$1000 deposit, are fully refundable up until October 5, 2026, and 50% refundable between October 5 and January 5. After January 5, 2026, your trip is non-refundable, and you must utilize your travel insurance for any unavoidable changes or cancellations.
- If Life Journeys, LLC cancels this trip for any reason more than 180 days before it begins, all monies will be refunded including the deposit.
- If Life Journeys must cancel or reschedule the trip due to safety concerns or other reasons beyond our control 90-180 days before the journey begins, registration fees minus the \$1000 deposit will be refunded. If Life Journeys must cancel the trip due to safety concerns or reasons beyond our control after January 15, 2026, participants must utilize their trip insurance. In this circumstance, any monies refunded are contingent upon refunds available from Rainbow Jaguar Institute, LLC and other vendors.
- By registering, the participant agrees that neither Life Journeys, LLC or Rainbow Jaguar Institute, LLC, nor its affiliates shall be liable for any damages, loss or expense occasioned by any act or omission by any supplier providing services to any program participant. While as accurate as possible at the time of printing, the program should not be considered an inflexible schedule of events, as it is subject to change due to circumstances beyond our control such as weather, festivities, strikes, etc.
- I understand that I am responsible for my personal health, safety, and personal belongings such as luggage. Neither Life Journeys LLC or Rainbow Jaguar Institute assumes responsibility for your health or belongings, or safety risks beyond our control. Participants are required to sign the attached form releasing Life Journeys, LLC, Angela Fenske, Rainbow Jaguar Institute, LLC and Jose Luis Herrera from any liability.

### INCLUSIONS

- Life-changing experiences and authentic ceremonies
- Trip preparation and travel guidance from Angie in the 6 months leading up to the journey
- Group processes and integration of experiences before, during and after the journey
- We will be accompanied by paqos (shamans), a driver, and a guide/interpreter
- All meals during the 12-day itinerary except three
- Transportation and baggage handling throughout by private motor coach.
- 1 night Hotel stay in downtown Cusco (internet available)
- 8 nights total at Marastambo Retreat Center with 3-course gourmet meals provided
- Very limited internet (3G) is available in the evenings at Marastambo.
- 1 night at a hotel in Agusta Caliente [Machu Picchu Town] internet available
- Train to Machu Picchu, tickets to hike part of the Inca Trail into Machu Picchu
- Two nights camping at Ausangate, tents provided and set up.
- All entrance fees to archeological sites or sanctuaries and guide services.
- All group activities including talks and ceremonies by renowned Medicine People.
- Services of Rainbow Jaguar logistical coordinator, naturalists, guides, and staff.

### EXCLUSIONS:

- Airfare: US domestic, International, or flights within Peru.
- Taxis between Cusco Airport and Cusco Hotels (But you may be dropped off directly at the airport the day the journey concludes, April 25<sup>th</sup>.)
- Meals not specified in the detailed itinerary [3 meals excluded]
- Optional gratuities. [Please consider bringing \$300 cash to tip our guides, shamans, drivers and retreat staff.]
- Any additional lodging/food costs outside of those on the itinerary that arise due to unforeseen circumstances.
- Travel/trip insurance. [Travel insurance for medical emergencies including trip cancelation insurance is strongly recommended.]
- Bottled water [needed throughout your stay unless using a water filter approved for international travel such as GRAYL or LIFESTRAW]
- Sleeping bag and sleeping mat for camping at Ausangate
- Items of a personal nature (rain gear, laundry, medications, toiletries, snacks, etc.)
- Personal healing sessions with the shamans [optional, plan on \$150 per session]
- Purchases of souvenirs, weavings, paintings, jewelry, ect
- Exit taxes [generally included in airfare, but it's good to have \$50 on hand at departure]

I acknowledge that I have reviewed the above terms and conditions, inclusions and exclusions. I have completed the registration information and included a copy of my passport. Also, I have reviewed the liability waiver and signed it.

Participant Name (Printed): \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

## **RELEASE OF LIABILITY, WAIVER OF CLAIMS, AND ASSUMPTION OF RISK AGREEMENT**

Life Journeys, LLC | Journey with the Apus (Mountain Spirits)  
April 2026 | Sacred Valley, Peru

PLEASE READ CAREFULLY BEFORE SIGNING. THIS IS A LEGAL DOCUMENT.

### **Assumption of Risk**

I, the undersigned, acknowledge that I have voluntarily chosen to participate in the spiritual retreat known as Journey with the Apus (Mountain Spirits), taking place in April 2026 and organized by Life Journeys, LLC, in partnership with Rainbow Jaguar and MarasTambo Retreat Center.

I acknowledge that this retreat involves activities which may include but are not limited to:

- Ceremonial and spiritual practices
- Hiking and physical exertion
- Travel in remote areas at high altitudes
- Exposure to natural elements, unpredictable terrain, and limited medical facilities

I understand that participation in these activities involves inherent risks, including the risk of injury, illness (including altitude sickness), emotional or psychological stress, and unforeseen travel interruptions. I voluntarily accept full responsibility for any such risks, known or unknown.

### **Medical Responsibility**

I confirm that I am physically and mentally capable of participating in this retreat and that I have disclosed any relevant health conditions to the organizers. I agree that I am solely responsible for my own medical needs, health insurance, and emergency care. I acknowledge that I have been advised to obtain travel insurance that covers medical emergencies and trip cancellations.

### **Air Travel and Transportation**

I understand that airfare is not included in the retreat package. I will arrange my own air travel to Cusco, Peru and acknowledge that Life Journeys, LLC and its partners are not responsible for delays, cancellations, lost baggage, or any issues arising from air travel.

### **Cultural and Spiritual Sensitivity**

I understand that this retreat includes participation in traditional Andean ceremonies, rituals, and teachings. I agree to approach all spiritual practices with respect and openness, and to follow the guidance of facilitators and local wisdom keepers.

### Release of Liability

In consideration of being permitted to participate in this retreat, I hereby waive, release, and discharge Life Journeys, LLC, its owners, facilitators, employees, agents, and partners (including Rainbow Jaguar Institute and MarasTambo), from any and all liability, claims, demands, or causes of action that I may have now or in the future for personal injury, illness, property damage, or wrongful death arising from or related to my participation in this retreat.

### Photography and Media Release

I understand that photographs or video may be taken during the retreat. I grant permission for Life Journeys, LLC to use such media for promotional purposes unless I explicitly opt out in writing.

### Binding Agreement

I understand that this agreement shall be binding upon my heirs, executors, administrators, and assigns. This waiver shall be governed by the laws of the state in which Life Journeys, LLC is registered.

Participant Name (Printed): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address: \_\_\_\_\_